In immediate danger or need urgent help?
Call 999

If someone goes missing, tell a responsible adult.

You can also contact:

**MASH**
Second Floor
Town Hall Extension
Wandsworth High Street
London SW18 2PS
Phone: 020 8871 6622
Email: MASH@wandsworth.gov.uk

Outside normal office hours (after 5pm weekdays, at weekends and bank holidays)
020 8871 6000

**Connexions**
Young people over 13 can contact Connexions

Tooting
connexions@Hub
Monday to Friday 3pm – 9pm
Sat 1pm – 5pm
020 8871 5381

Roehampton
Roehampton Base
Monday, Wednesday and Friday 1pm – 9pm
Tuesday and Thursday 5pm – 9pm
First Saturday of month 1pm – 5pm
020 8780 5253

**Point Clinics**
Young People’s Sexual Health Services

**Stormont Health Centre**
Monday and Thursday 3.30pm – 6pm
020 8812 5700

**Queen Mary’s Hospital**
Monday 3pm – 5.15pm
020 8487 6861

**Courtyard Clinic**
St George’s Hospital
Wednesday 4pm – 6pm
020 8725 3353

**Useful websites:**
www.ceop.police.uk
www.thinkuknow.co.uk

The exploitation of children & young people is a form of child abuse and against the law.
Trust yourself to know when something is wrong

If someone or something makes you feel unsafe, pressured or frightened, follow your instincts and seek help.

Don’t trust people you don’t know, even if they seem friendly.

Only chat online to people you actually know. Never give away personal details or agree to meet someone you have only met online.

Don’t be tricked into doing things that are unsafe, even if they seem like fun.

What might look exciting at first could be more dangerous than you realise.

Are you worried about a friend who:

• goes missing from school or home
• has an older boyfriend or girlfriend
• is meeting strangers who got in touch with them via the internet
• is mixing with older adults
• is losing touch with friends their own age
• is drinking alcohol
• is using drugs

...they might be at risk of sexual exploitation

The sexual exploitation of children and young people is a form of child abuse. This can include:

• rape
• unwanted sexual contact
• being forced to have sex with other people
• being forced to take part in pornography
• having sex in return for favours

Sexual exploitation

Sometimes young people can be drawn into sexual relationships.

• At first they seem nice and affectionate and can make you feel special.
• They might buy you presents like clothes or a mobile phone.
• Sometimes they will take you to places where there are other adults, offer you cigarettes, alcohol or drugs.
• They might ask you for sexual favours for themselves or for other people.
• Sometimes they stop being nice and may become threatening or violent.

Sexual exploitation is not just an issue for girls and young women but it is also a reality for some boys and young men.

Alcohol and drugs affect your judgement, making you lose your inhibitions and usual way of thinking about things.

If you are ever forced to have sex against your will, report it as soon as possible. Ideally you should speak to someone you trust, like a parent or teacher and inform the police.

Rape and sexual assault

Rape crisis helps girls and women find support
www.rapecrisis.co.uk

The Havens are specialist centres for people who have been raped or sexually assaulted and have three centres in London: in Paddington, Camberwell and Whitechapel
www.thehavens.co.uk

For male victims of rape there is also Survivors UK
www.survivorsuk.org